



Leading for Better Health

Pennsylvania's Opioid Crisis: Data and Strategies to Combat It

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Pennsylvania's Opioid Crisis: Agenda

- ▶ The PA opioid crisis
- ▶ Trends
- ▶ Responses to the opioid crisis
- ▶ Next Steps

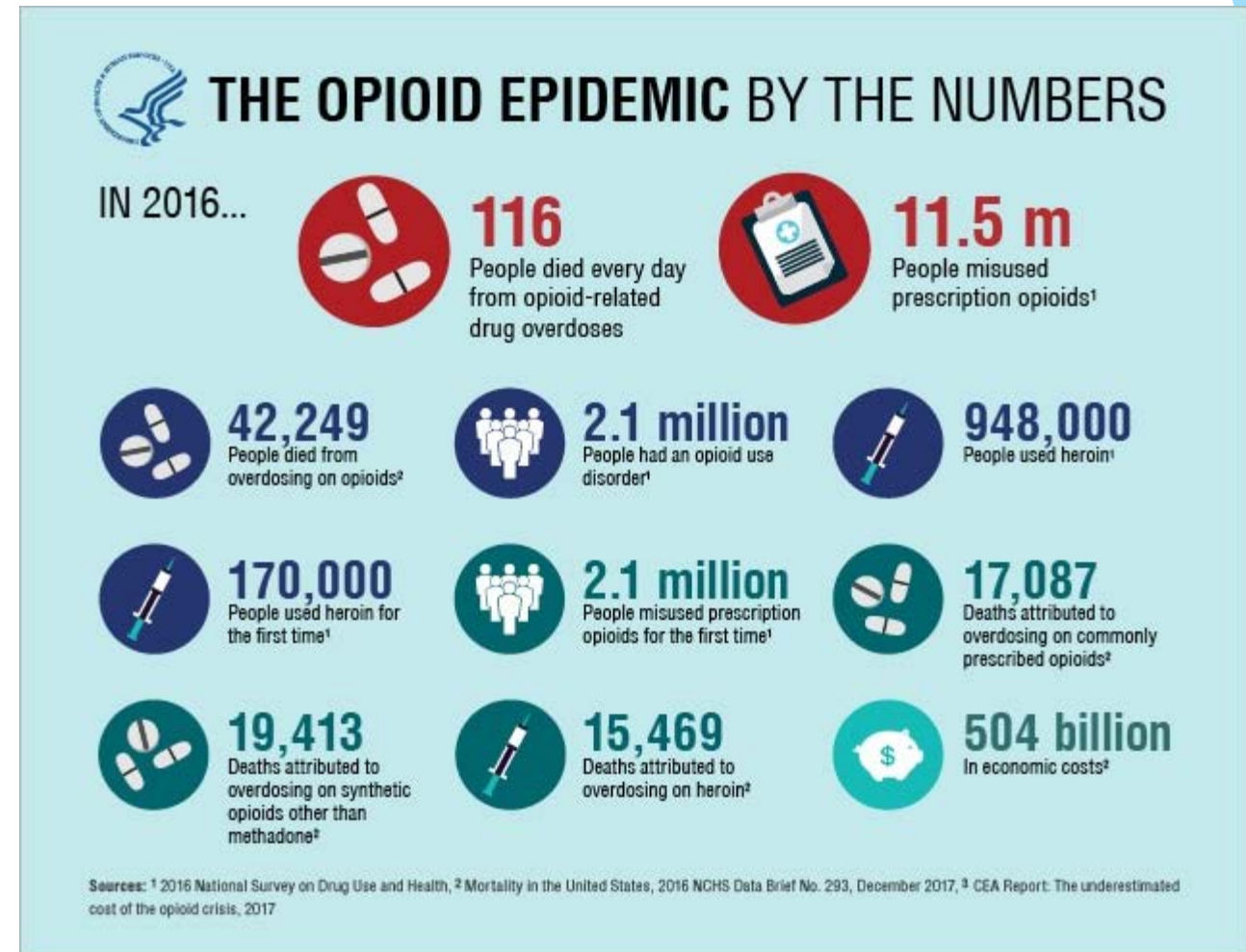
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Pennsylvania's Opioid Crisis:

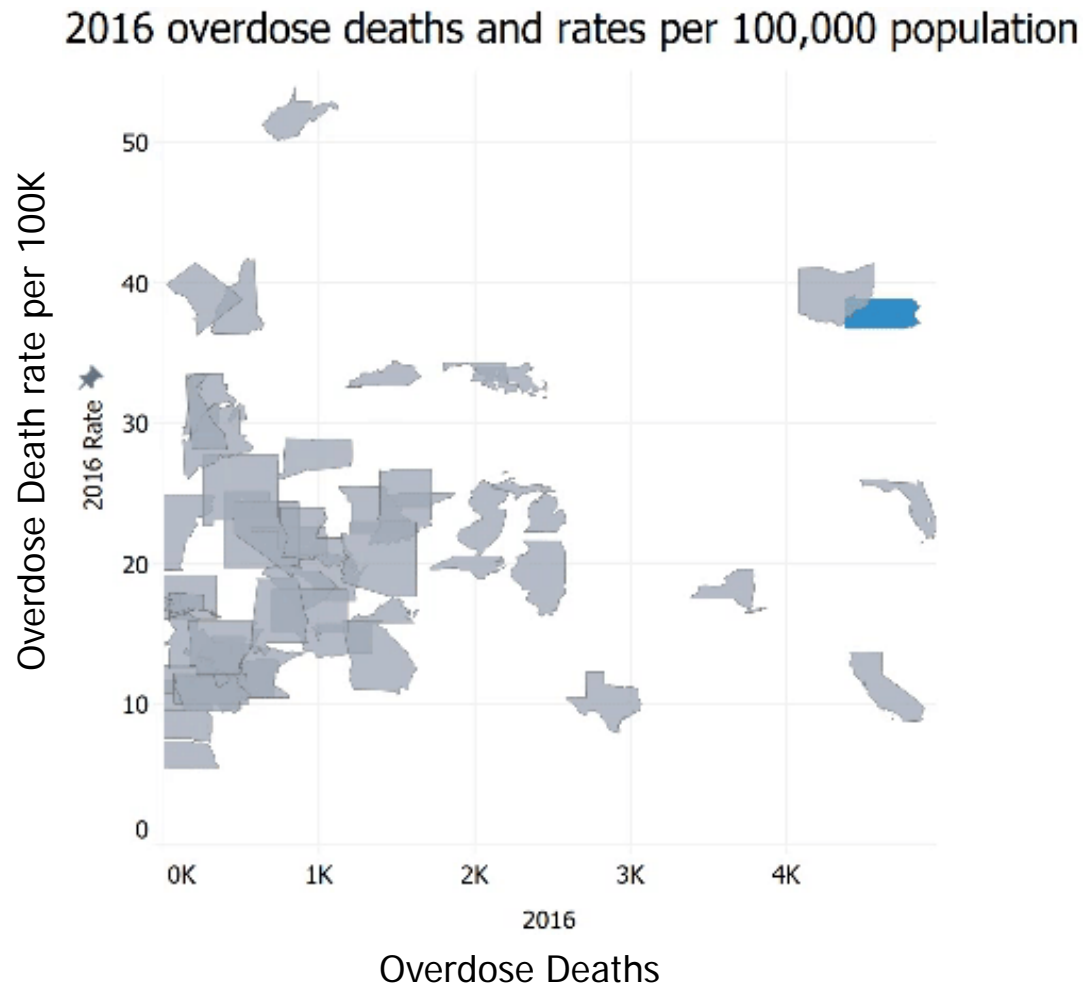
National perspective

- ▶ Opioid deaths continue to rise across the U.S.
- ▶ Congress passed opioid legislation, including:
 - ▶ Comprehensive Addiction and Recovery Act (CARA)
 - ▶ 21st Century Cures Act
- ▶ President Trump proclaimed September 2017 as National Alcohol and Drug Addiction Recovery Month
- ▶ President Trump declares an opioid crisis – October 2017
 - ▶ President's Commission on Combating Drug Addiction and the Opioid Crisis
- ▶ Pennsylvania received \$26 million in funding



Pennsylvania's Opioid Crisis:

Pennsylvania's challenge

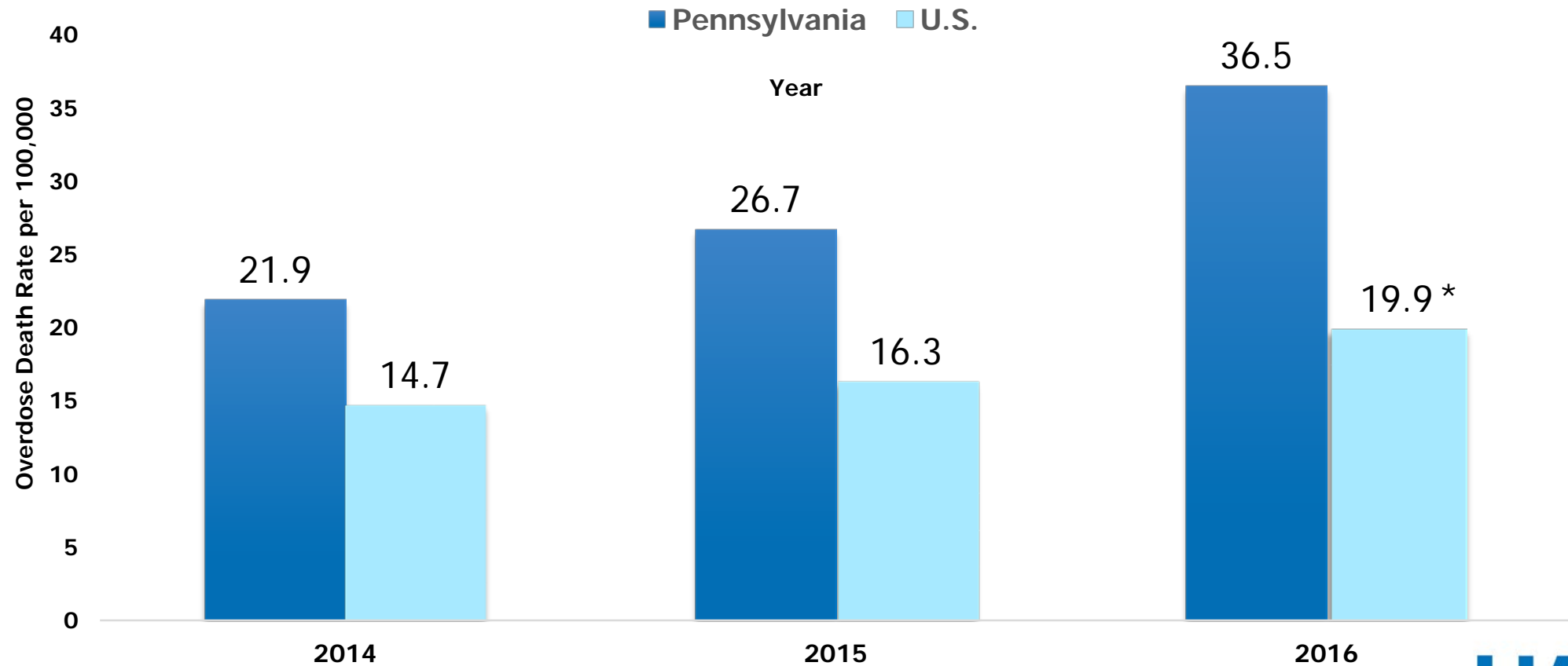


- ▶ Governor [Declaration](#) Opioid Epidemic Statewide Disaster
- ▶ Act 139, Naloxone (Narcan) [Standing](#) Order
- ▶ Legislative activity in PA
 - ▶ Local and state level
- ▶ Prescription Drug Monitoring Program (49th state)
 - ▶ Sharing data with 16 other states
 - ▶ Integrating with EHRs
- ▶ Updates to Prescribing [Guidelines](#)

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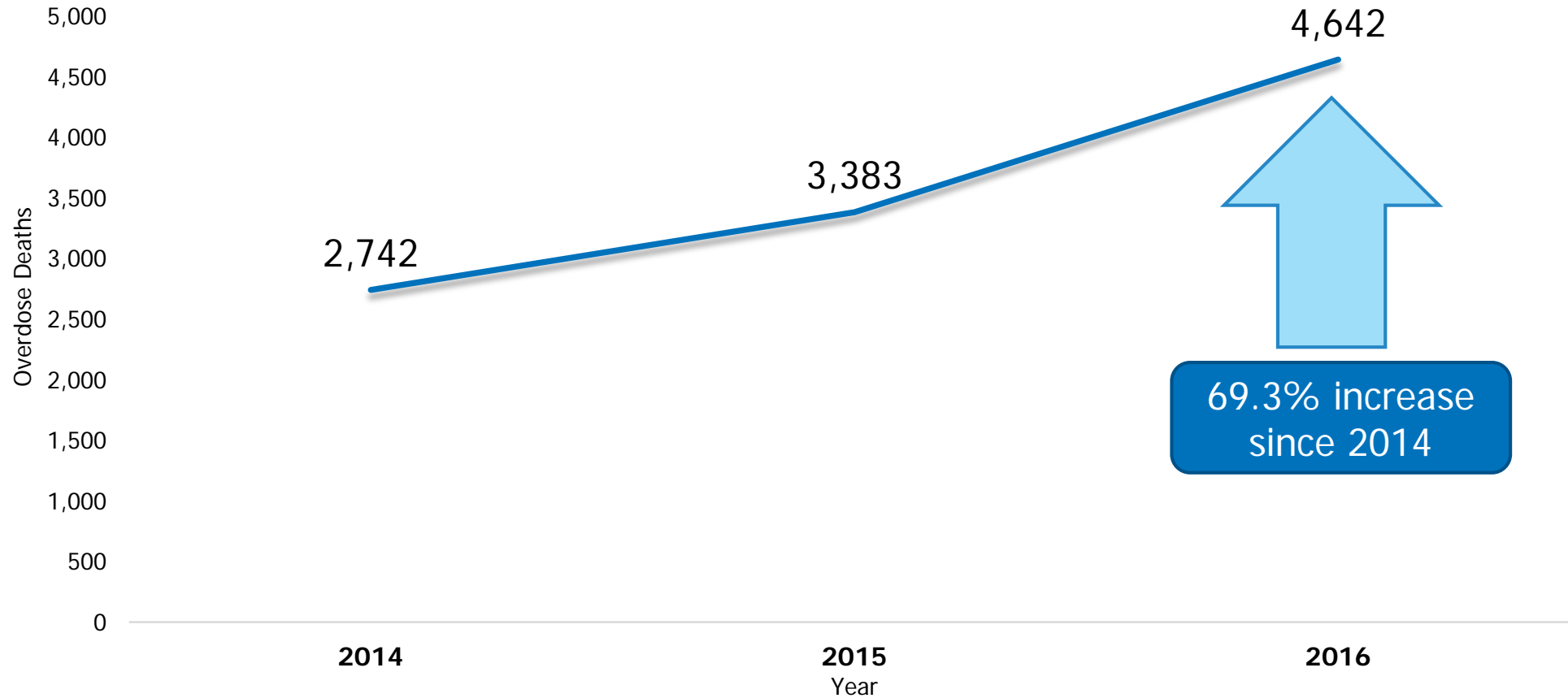
Pennsylvania's Opioid Crisis: PA vs U.S. overdose death rate



*National Center for Health Statistics reported 19.9 overdose deaths per 100,000 population

Source: HAP analysis of data from U.S. Drug Enforcement Agency, Philadelphia Division, and University of Pittsburgh School of Pharmacy

Pennsylvania's Opioid Crisis: Overdose deaths annually



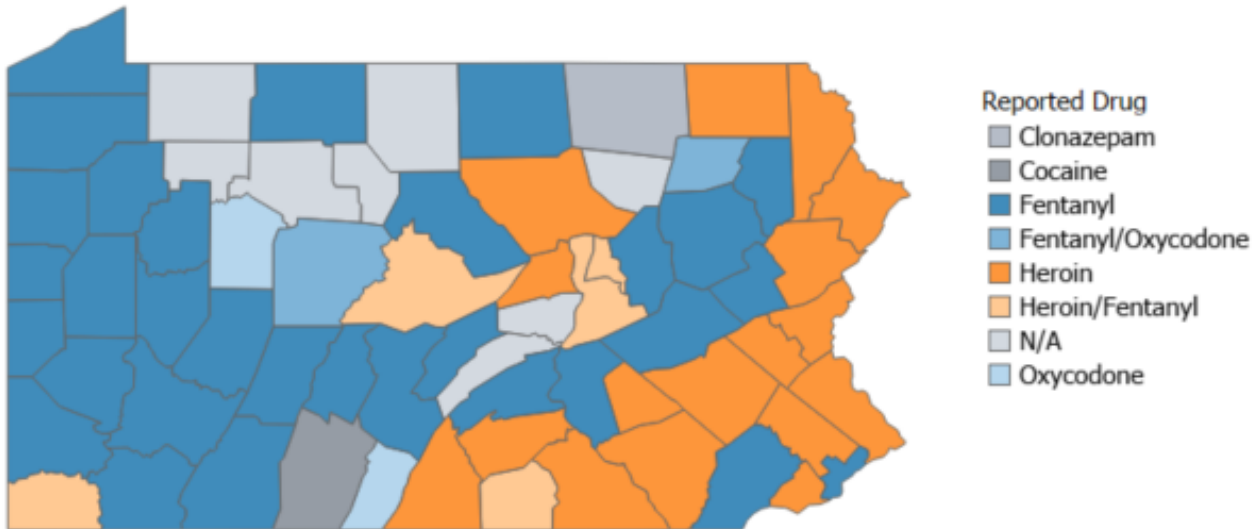
Source: HAP analysis of data from U.S. Drug Enforcement Agency, Philadelphia Division, and University of Pittsburgh School of Pharmacy

Pennsylvania's Opioid Crisis: County-level impact

Pennsylvania Opioid Overdose Deaths

Most Frequently Reported Drug or Opioid in Related Overdose Death, 2016

Select county to
view details



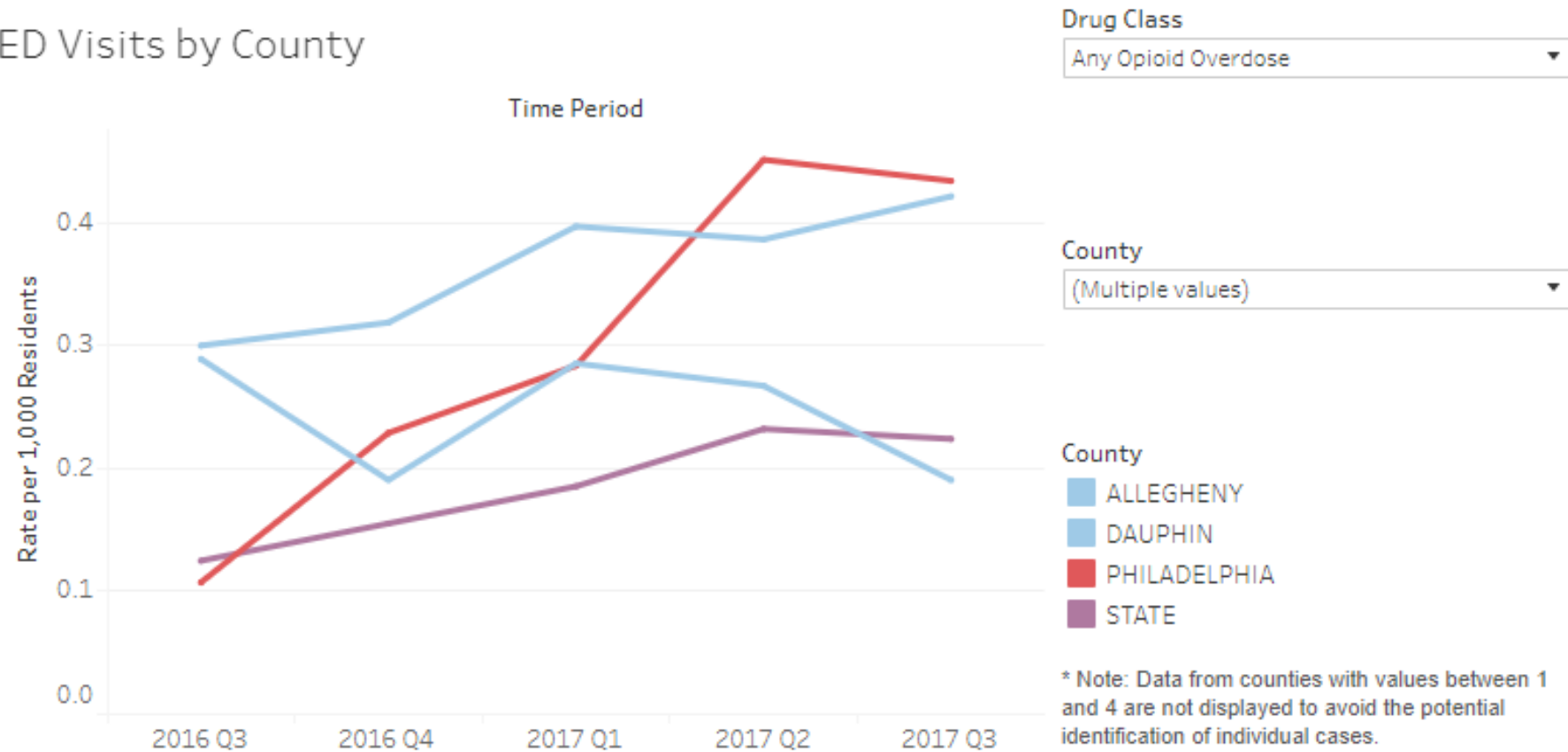
Pennsylvania's
overdose death
rate is **36.5** per
100,000.
**This is above
the national
rate**

Interactive map
available on [HAP's
website](#)

Source: Pennsylvania Coroner's Association, U.S. Drug Enforcement Agency, Philadelphia Division, and University of Pittsburgh School of Pharmacy, HAP analysis of PHC4 data

Pennsylvania's Opioid Crisis: County-level impact

ED Visits by County

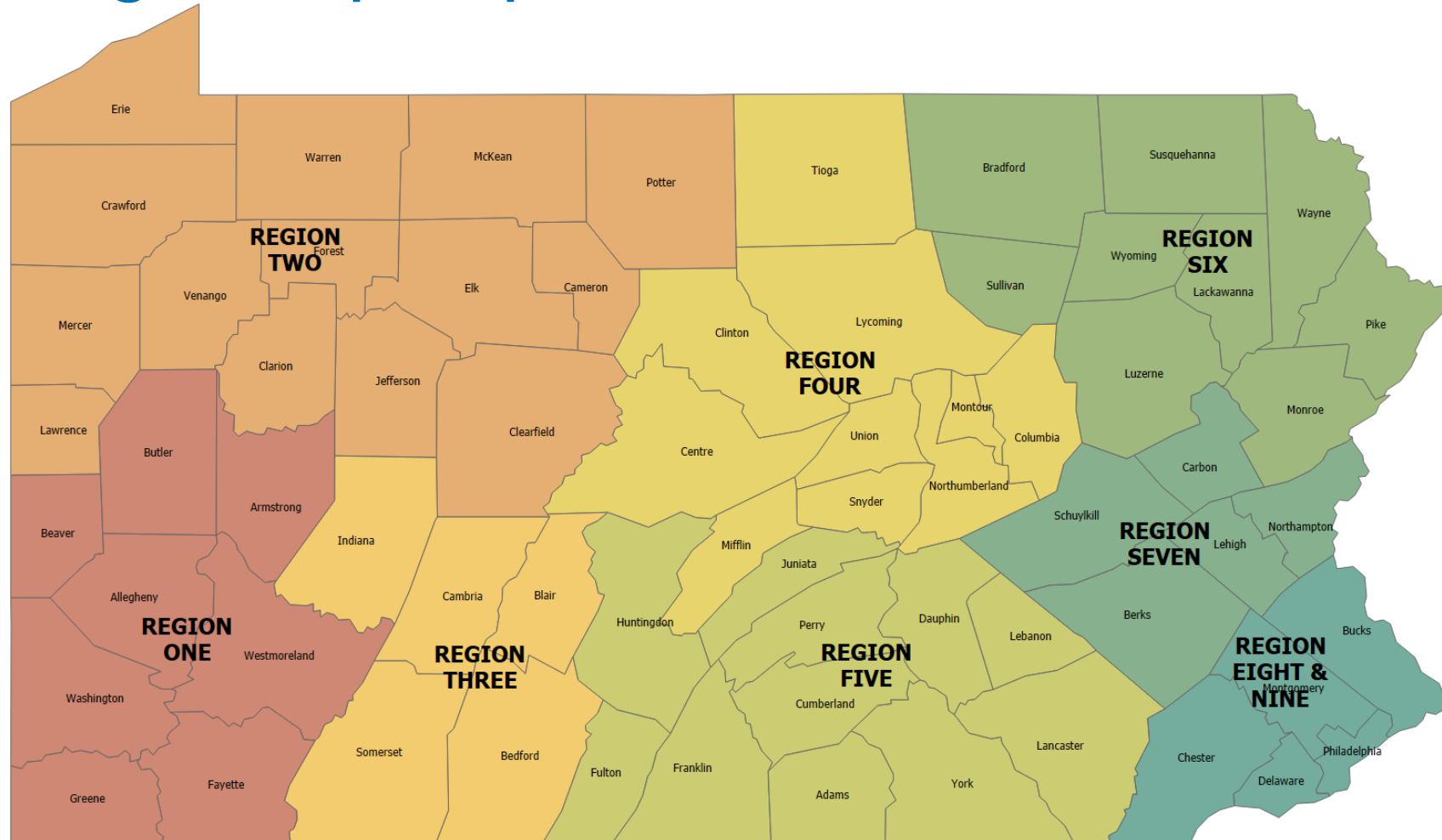


PA DOH's PDMP
Interactive Report

Link [HERE](#)

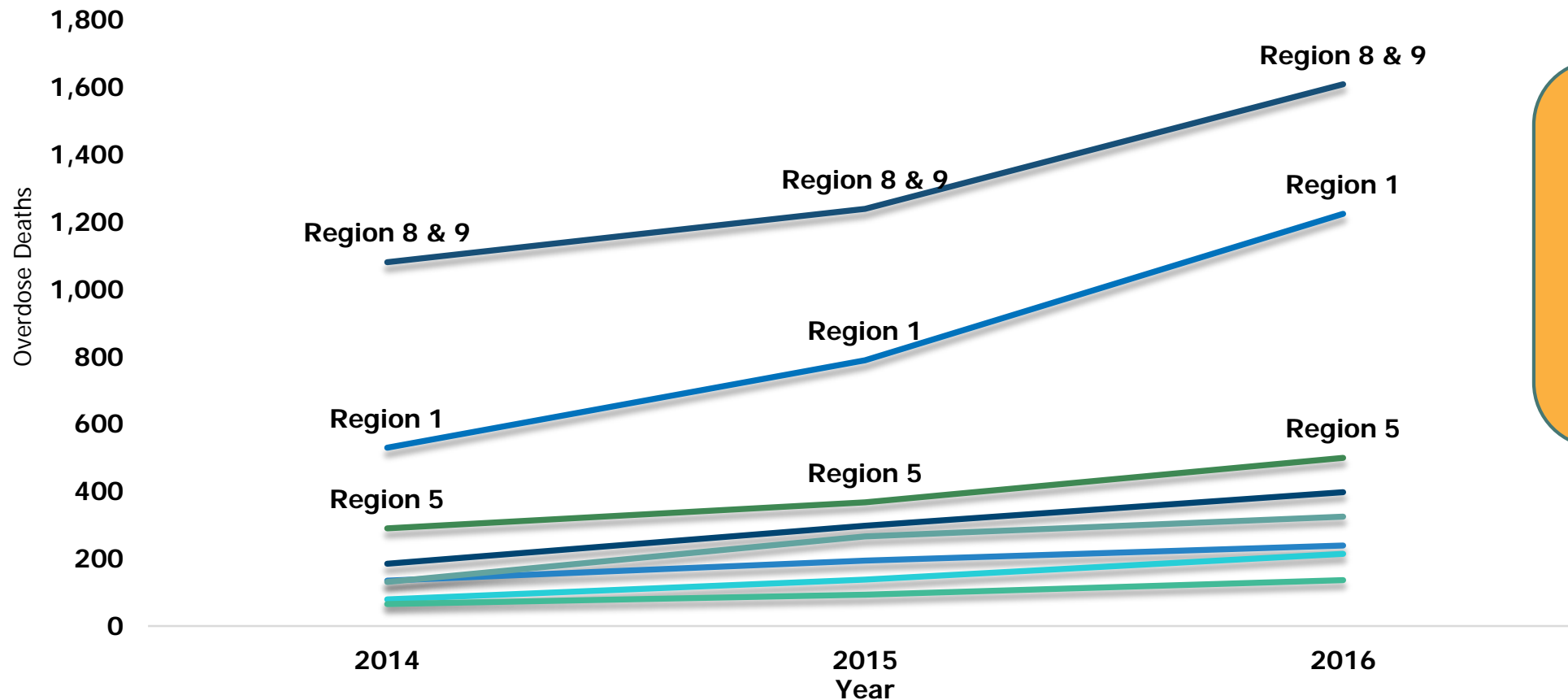
Pennsylvania's Opioid Crisis:

Regional perspective



Pennsylvania's Opioid Crisis:

Regional impact



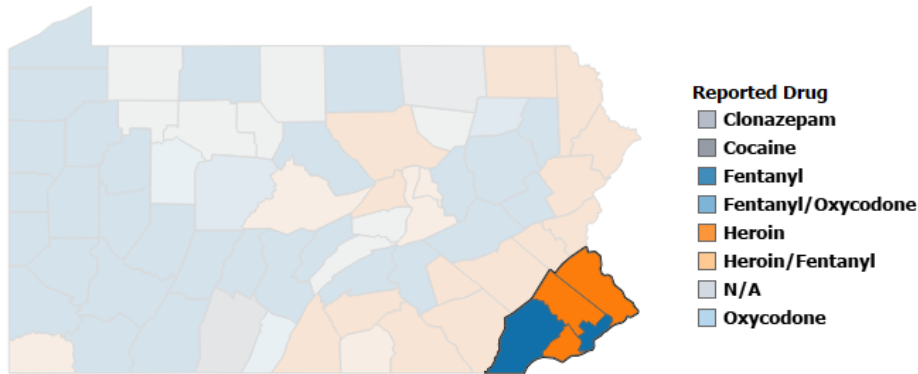
Every region has seen an increase in deaths per year

Source: HAP analysis of data from U.S. Drug Enforcement Agency, Philadelphia Division, and University of Pittsburgh School of Pharmacy

Pennsylvania's Opioid Crisis: Regional impact in the Southeast

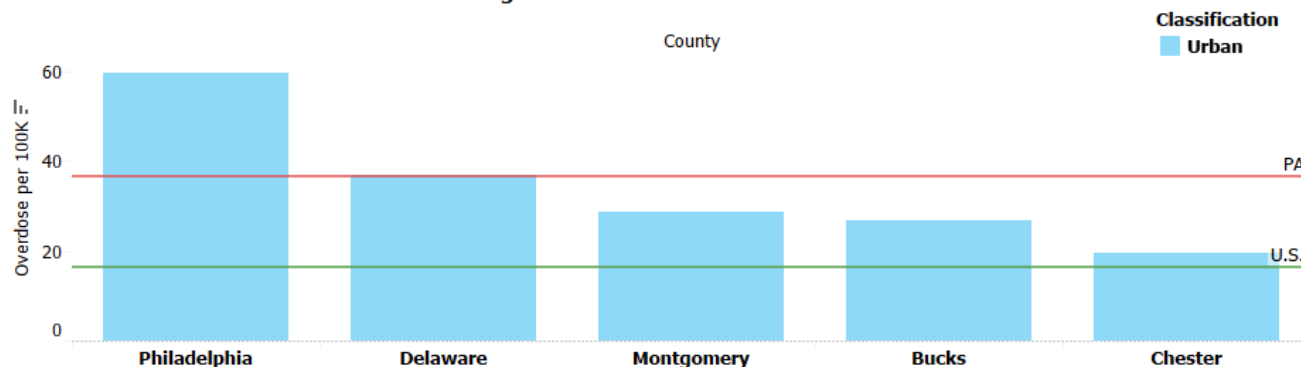
Most Frequently Reported Drug or Opioid in Related Overdose Death, 2016

Select county to
view details



- ▶ 5 counties (including Philadelphia)
- ▶ 1,600+ deaths in 2016
- ▶ 49% increase since 2014
- ▶ Philadelphia to open nation's first safe injection site.

Drug-related overdose death rates

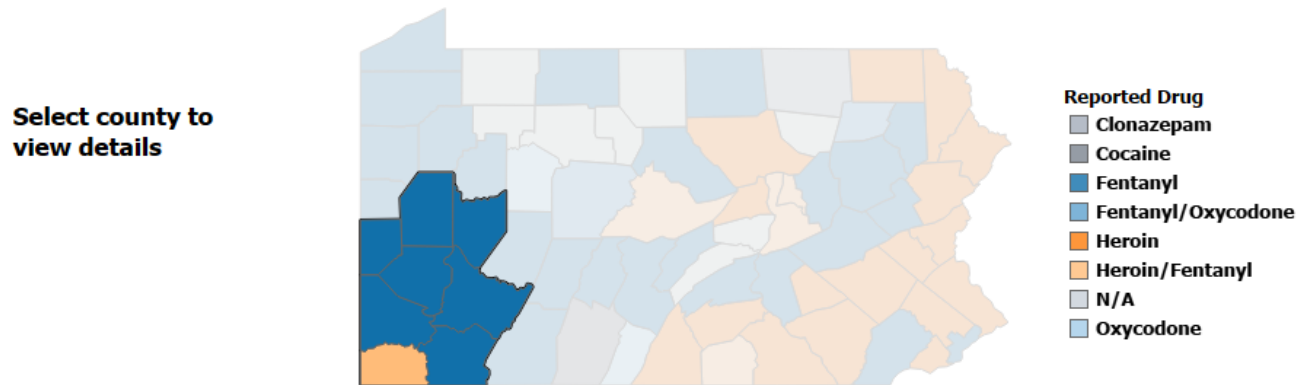


This region's overdose death rate is **39.3**
per 100,000.
This is above U.S. rate and State rates

Source: HAP analysis of data from U.S. Drug Enforcement Agency, Philadelphia Division, and University of Pittsburgh School of Pharmacy

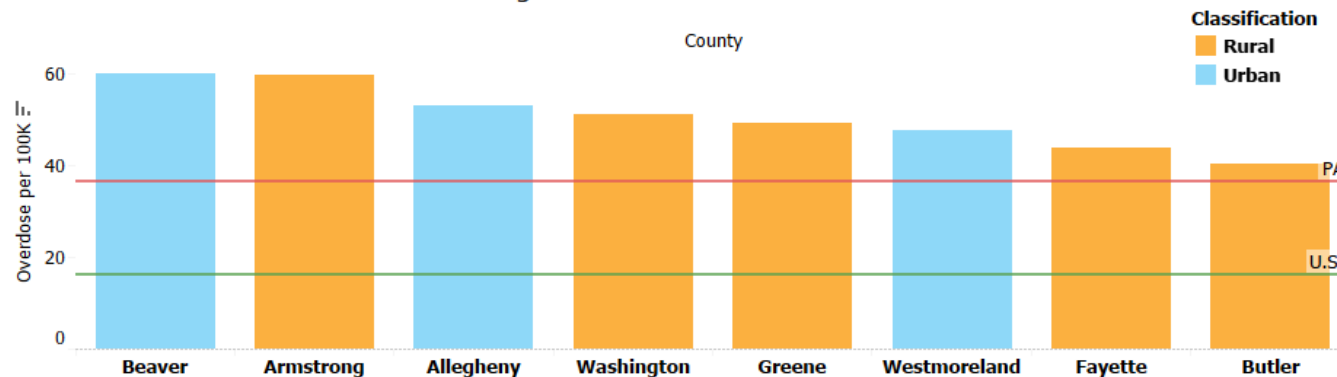
Pennsylvania's Opioid Crisis: Regional impact in the Southwest

Most Frequently Reported Drug or Opioid in Related Overdose Death, 2016



- ▶ 8 county region (including Pittsburgh)
- ▶ 1,200+ deaths in 2016
- ▶ 131% increase since 2014
- ▶ Allegheny County (Pittsburgh) sees two opioid deaths per day

Drug-related overdose death rates



This region's overdose death rate is **51.4** per 100,000.
This is above U.S. and state rates

Source: HAP analysis of data from U.S. Drug Enforcement Agency, Philadelphia Division, and University of Pittsburgh School of Pharmacy

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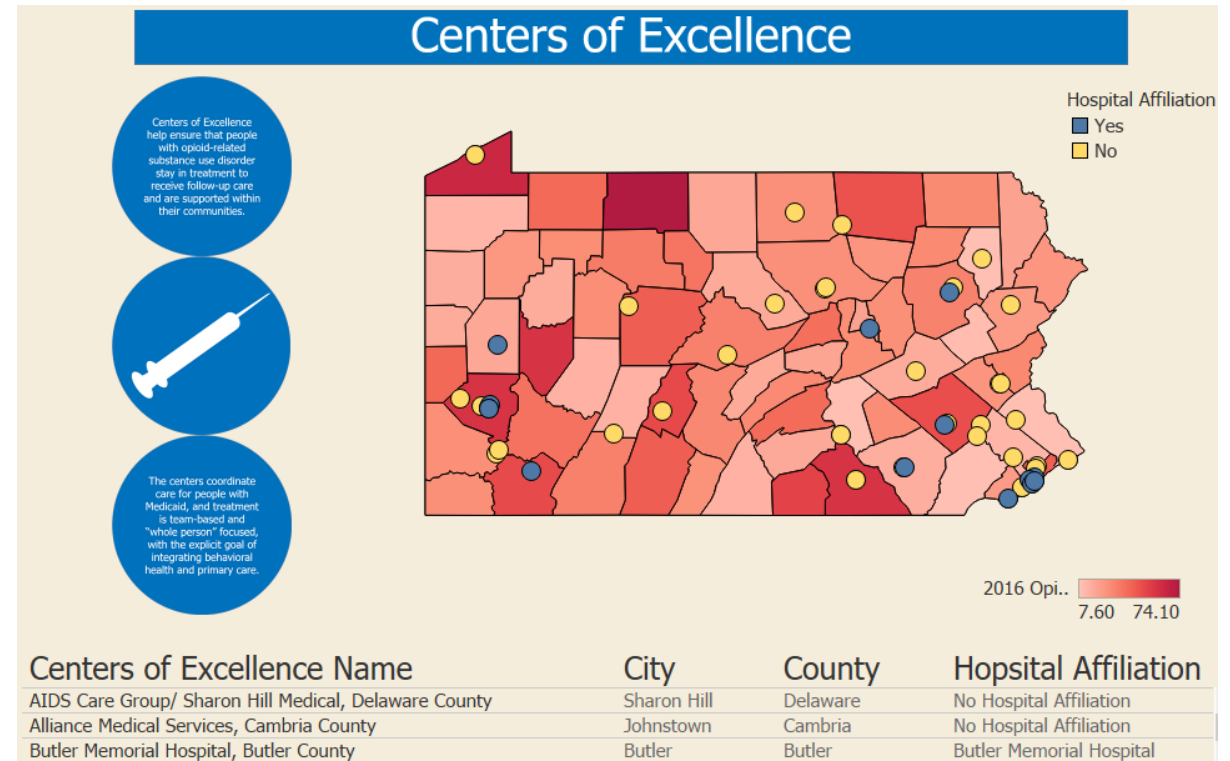
PA's response

Legislative

- ▶ Governor's declaration as statewide disaster
- ▶ Opioid bill packages in 2016, 2017
- ▶ Act 139, Naloxone (Narcan) [Standing Order](#)

Access to Care

- ▶ 50 Centers of Excellence
- ▶ \$4M for Medication-Assisted Treatment [programs](#)
- ▶ Philadelphia to open nation's [first](#) safe injection site.



Pennsylvania's Opioid Crisis:

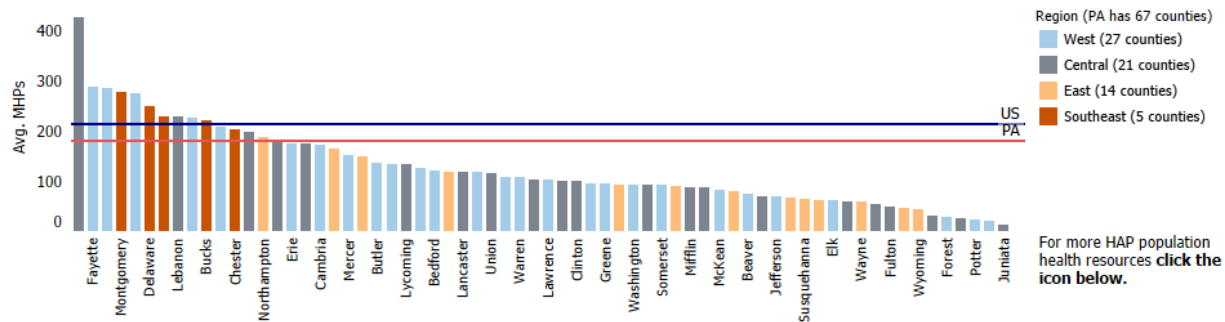
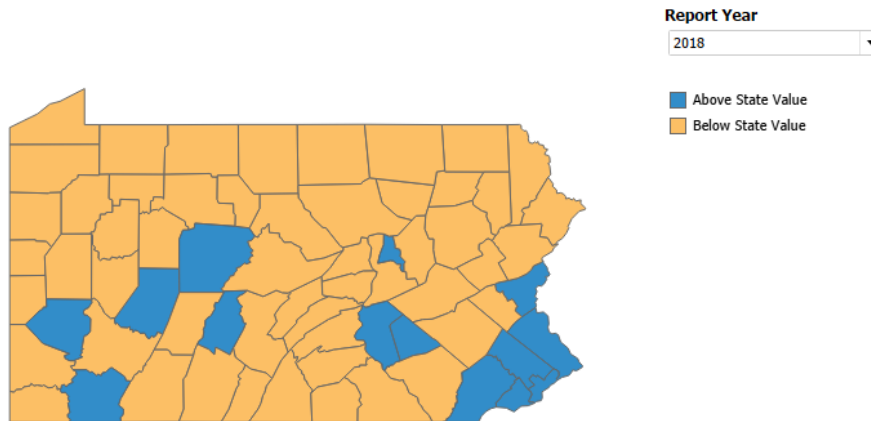
PA's response

Mental Health Providers (MHPs) per Population

For the most recent year
Pennsylvania has a statewide average
of 179 providers per 100,000
population

The national average is 214 providers
per 100,000 population

Mental Health Providers
(# of Mental Health Providers /
population) * 100,000



Education

- ▶ Community education
 - ▶ Warning [signs](#)
 - ▶ Patient and family engagement
- ▶ Provider education
 - ▶ Prescribing [guidelines](#), training programs
 - ▶ DOH/HAP warm Hand off initiatives

Research

- ▶ [Overdosefreepa.org](https://overdosefreepa.org)
- ▶ State and county-based data collection initiatives
- ▶ Collaborative efforts

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Pennsylvania's Opioid Crisis: Next Steps

Access + Advocacy

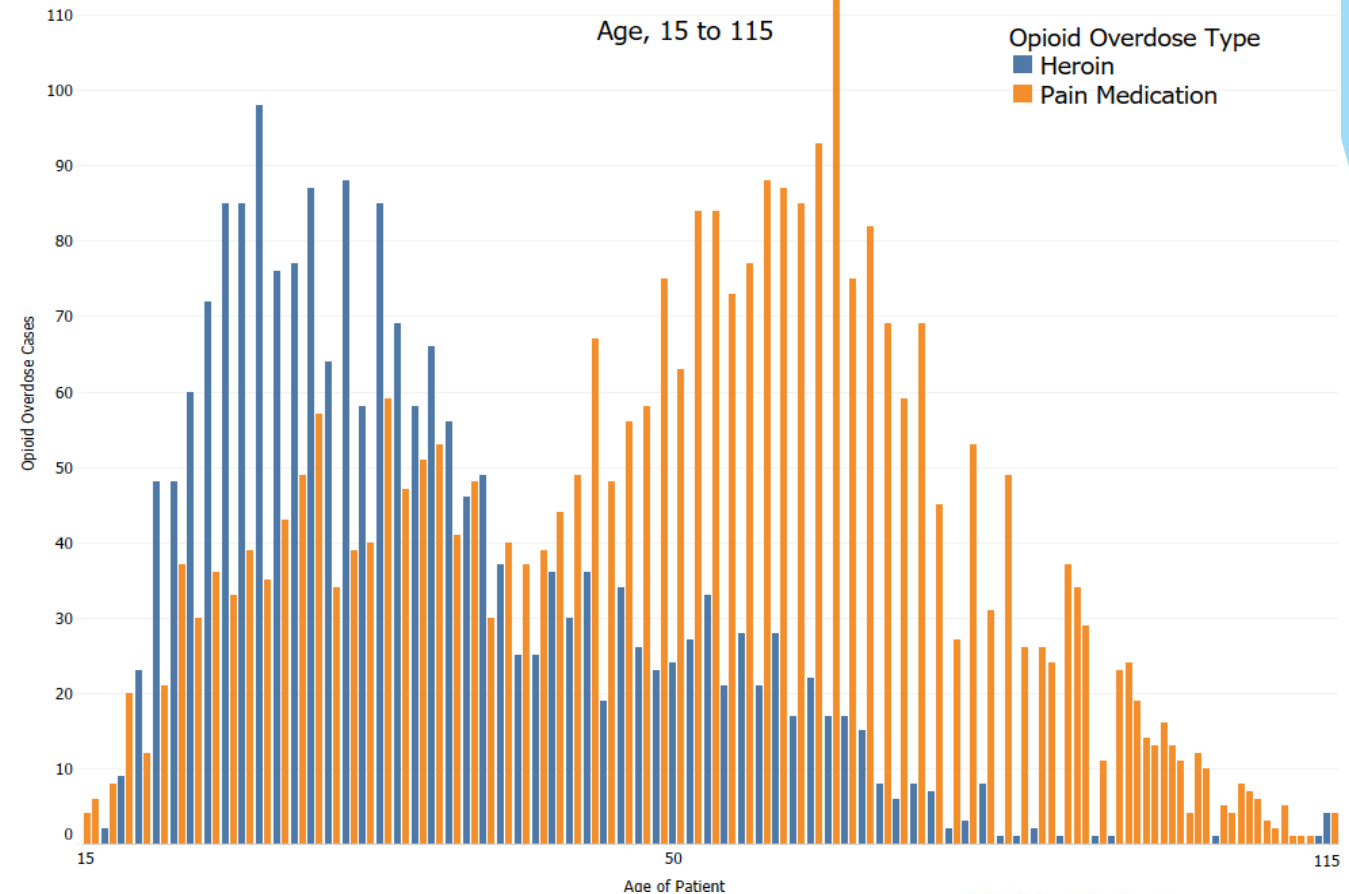
- ▶ Engaging and educating state lawmakers to ensure efforts are directed towards evidence-based prevention and treatment
- ▶ Advocating for improved Medicaid funding for substance abuse treatment to address capacity gaps
- ▶ Defining an opioid-related quality metric for inclusion in the Department of Human Services calendar year 2019 Hospital Quality Incentive Program under Medical Assistance modernization
- ▶ Working with HAP's Council of Behavioral Health Providers and state agencies to identify capacity issues and gaps in access
- ▶ Engaging state agencies to address implementation challenges related to Governor Wolf's disaster declaration and policy initiatives:
 - ▶ Neonatal abstinence syndrome reporting
 - ▶ Streamlined licensure
 - ▶ Overdose reporting

Pennsylvania's Opioid Crisis: Next Steps

Education + Research

- ▶ Offering HAP 2018 Leadership Summit preconference with free workshops focusing on substance use disorder prevention, primary care-based models for treatment, caring for substance-exposed infants and their mothers, and emergency department initiation of medically-assisted treatment
- ▶ Collaborating with PA Department of Health, PA Department of Drug and Alcohol on data and analysis
- ▶ Working with OverdoseFreePA.org—a clearinghouse for data, tools, and education

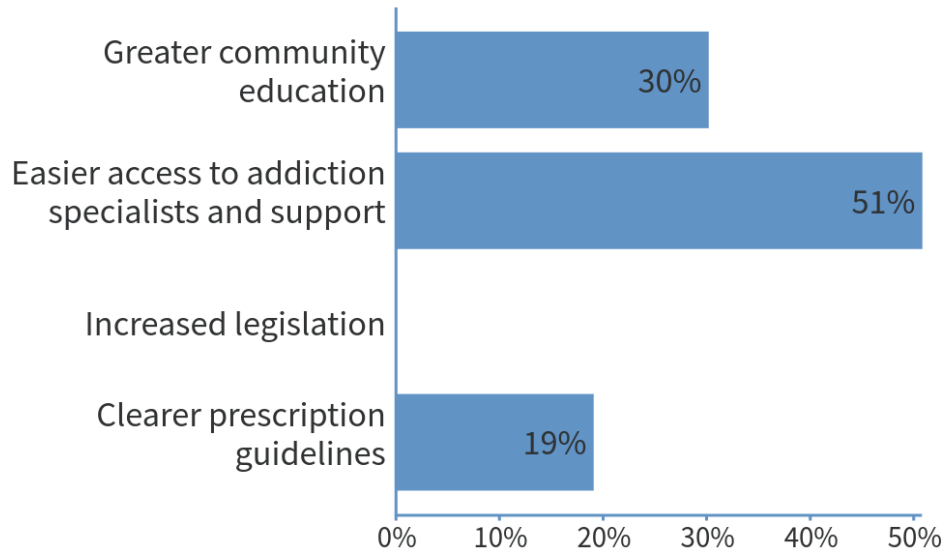
Inpatient Cases by Age and Substance Use Disorder Type, 2016



Pennsylvania's Opioid Crisis: Next Steps

How best can the opioid crisis be addressed?

When poll is active, respond at **PollEv.com/opioid2017**
Text **OPIOID2017** to **22333** once to join



Poll from a Fall 2017 Opioid provider and public education event
(South Central Opioid Awareness Coalition)

Source: HAP

Collaboration

- ▶ Representing the hospital community on statewide stakeholder task forces:
 - ▶ PA safe and effective prescribing practices
 - ▶ PA District Attorneys Association Opioid Work Group
 - ▶ Multi-disciplinary work group on infants with substance exposure
- ▶ Supporting regional stakeholder initiatives including:
 - ▶ South Central PA Opioid Awareness Coalition
 - ▶ Philadelphia Department of Public Health

Pennsylvania's Opioid Crisis: Questions?

HAP Opioid [Crisis](#) information

Overdose Free [PA](#)

PA [Interactive](#) Data Report

OpioidAware.org



Leading for Better Health

HAP is a statewide membership services organization that advocates for more than 240 Pennsylvania acute and specialty care, primary care, subacute care, long-term care, home health, and hospice providers, as well as the patients and communities they serve. Additional information about HAP is available online at www.haponline.org.

